

Suggested First Aid Kit Items for Class A and I

Reference

- First Aid Manual or placard

Personal Protective Equipment

- Nitrile Gloves (multiple sets)
- Sunscreen

Disinfectants

- Alcohol wipes
- Hand sanitizer
- Iodine applicators

CPR, Choking, Drowning

- CPR breathing barrier (x2) or CPR rescue mask
- AED (if practical)

Lacerations & Trauma

- Adhesive bandages (various shapes and sizes)
- Gauze pads (various shapes and sizes)
- Trauma pads for deep wounds
- Eye pad (x4)
- Triangular Bandage (x2)
- Butterfly strips
- Adhesive tape
- Shears

- Tweezers/forceps

- Rubber tourniquet

Medication

- Motion sickness
- Aspirin
- Acetaminophen
- Ibuprofen
- Antihistamine
- Antibiotic ointment
- Hydrocortisone cream
- Burn gel
- Eye wash
- Aloe Vera gel w/ lidocaine

Splints

- Inflatable splint (arm & leg)
- Finger splint
- Cold pack (x2)

Other

- Needle nose pliers
- Knife
- Dikes
- Emergency thermal blanket

*First aid items should take into account the intended operations and number of personnel onboard