

REPORT OF EXAMINATION AND MEDICAL HISTORY - DIVER

INSTRUCTIONS: The NOAA Diving Physical report consists of three parts. Page one contains contact information, checklists of required medical tests, attestation by the diver and approval by the NOAA DMO. Pages 2-3 are the diver's self-reported medical history. Examiner, please review pages 1-3, summarize the diver's medical condition, and then fill out items 88 and 89, "Examiner Review". Pages 4-6 contain the results of the medical exam and tests, as well as the signature of the medical professional conducting the exam. The Examiner must be either a Medical Doctor (MD), Doctor of Osteopathy (DO), Nurse Practitioner (NP), or Physician's Assistant (PA). Submission instructions are on the final page.

All tests must be completed within the last 12 months, unless otherwise indicated in the checklist below.

LAST NAME	FIRST NAME	MIDDLE NAME	DATE of BIRTH
BEST CONTACT PHONE NUMBER	WORK E-MAIL ADDRESS	DIVE UNIT	
UNIT DIVING SUPERVISOR'S NAME	UNIT DIVING SUPERVISOR'S E-MAIL ADDRESS		
DUTY STATION ADDRESS			

MEDICAL EVALUATION PACKET CHECKLIST

REQUIRED FOR ALL EXAMINATIONS

	NOAA Form 57-03-52 Report of Physical Examination and Medical History– Diver
	Complete Blood Count (CBC)
	Complete urinalysis
	Near and distant vision tests – results

DEPENDING ON YOUR AGE, HABITS, OR WHETHER THIS IS AN INITIAL OR PERIODIC EXAM, THE FOLLOWING TESTS MAY ALSO BE REQUIRED:

All INITIAL EXAMINATIONS must include these additional test results	
	Spirometry test – results and interpretation
	Audiogram – results and interpretation
	Chest X-ray interpretation within the past 24 months (no films)

All 40 and OLDER EXAMINATIONS must include these additional test results	
	12-Lead resting EKG – results and interpretation
	Lipid screening – total cholesterol, HDL, LDL, and triglycerides
	Hemoglobin (HgA1c) or fasting glucose screening

All PERIODIC EXAMINATIONS must include this additional test (SMOKERS ONLY)	
	Spirometry test – results and interpretation

APPLICANT CERTIFICATION (initial each item and sign below):

_____ I have reviewed the attached medical information and consider the application package to be complete and accurate.		
_____ I acknowledge that it is my responsibility to notify the NOAA Diving Medical Officer of any medical condition, illness, injury, medical treatments, and/or surgeries, or any changes to the above, as they occur.		
_____ I acknowledge it is my responsibility to also notify my UDS and the DM/LD of any conditions or restrictions that will affect my diving on any given day. Failure to do so could compromise the mission and endanger myself or my fellow divers.		
I certify that the attached medical information in the package is complete and true to the best of my knowledge:		
APPLICANT NAME	APPLICANT SIGNATURE	DATE

NOAA DIVING OFFICER APPROVAL

Final determination of the diver's medical suitability for NOAA diving will be made by the NOAA Diving Medical Officer.		
I have reviewed the attached medical information and have found the applicant named above to be:		
<input type="checkbox"/> Medically cleared for NOAA diving duty <input type="checkbox"/> Not medically cleared for NOAA diving duty		
DIVING MEDICAL OFFICER NAME	DIVING MEDICAL OFFICER SIGNATURE	DATE

REPORT OF MEDICAL HISTORY - DIVER

The diver should fill out this page and give the completed page to the Examiner for review.

1a. LAST NAME		1b. FIRST NAME		1c. MIDDLE NAME		2. DATE of BIRTH			
3. AGE		4. GENDER		5. HEIGHT (inches)		6. WEIGHT (pounds)		7. DATE	
8. STATEMENT OF PRESENT HEALTH						9. ALLERGIES <i>List all allergies: insect bites, stings, foods, and medicines</i>			
11. CURRENT PRESCRIPTION and NON-PRESCRIPTION MEDICATIONS <i>Indicate dosage, frequency, and condition being treated</i>						10. Do you carry an Epi-Pen? YES NO			

PAST MEDICAL HISTORY: Have you ever had the following? Check each item.

	YES	NO		YES	NO
12. Adverse reaction to medication			24. Pain or pressure in the chest		
13. Tuberculosis or positive TB test			25. Palpitation, pounding heart, or abnormal heartbeat		
14. Exposed to someone who had tuberculosis			26. Heart murmur or other disorder		
15. Asthma or any breathing difficulty			27. Heart or blood vessel surgery		
16. Used or have been prescribed an inhaler			28. Abnormal heart anatomy or patent foramen ovale		
17. Plates, screws, rods, or pins in any bone			29. Diabetes		
18. High or low blood sugar			30. High cholesterol		
19. Sugar, albumin, or blood in the urine			31. Stroke		
20. Tumor, growth, cyst, or cancer			32. Heart disease		
21. Aneurysm, frequent or severe headaches			33. Parent or sibling with condition indicated in 29-32		
22. Seizures, convulsions, epilepsy, or fits			34. Treated in a decompression chamber		
23. Other neurological disorder or injury			35. Medical disqualification for diving duty		

PAST MEDICAL HISTORY: Have you had the following in the last ten years? Check each item.

	YES	NO		YES	NO
36. Thyroid trouble or goiter			51. Rectal disease, hemorrhoids, bleeding from rectum		
37. Eye disorder or trouble			52. Shortness of breath or wheezing		
38. Surgery to correct vision (i.e. RK, PRK, LASIK)			53. Sinusitis, bronchitis, or frequent colds		
39. Recurrent back pain or any back problem			54. Kidney, bladder, or urination problems		
40. Nerve injury, numbness, tingling, or sensitive areas			55. Head injury, memory loss, or amnesia		
41. Loss of finger or toe			56. Concussion or period of unconsciousness		
42. Knee trouble (locking, giving out, pain, injury)			57. Dizziness or fainting spells		
43. Leg cramps			58. Prolonged bleeding, blood clot, or embolism		
44. Painful or swollen joints			59. High or low blood pressure		
45. Arthritis, rheumatism, tendinitis, or bursitis			60. Depression, anxiety, or claustrophobia		
46. Artificial joint or other deformity			61. Received counseling of any type		
47. Bone fracture or deformity			62. Been evaluated or treated for a mental condition		
48. Stomach or intestinal trouble			63. Attempted or planned suicide		
49. Jaundice, hepatitis, or liver disease			64. Inability to focus or pay attention		
50. Hernia or rupture			65. Ear infection		

CURRENT MEDICAL HISTORY: Do you currently have any of the following? Check each item.

	YES	NO		YES	NO
66. Severe tooth or gum trouble			74. Use of prosthetic / corrective devices or braces		
67. Wear glasses or contact lenses			75. Frequent indigestion or heartburn		
68. Lack of vision in either eye			76. Skin disease (i.e. acne, eczema, psoriasis)		
69. Hay fever or allergic rhinitis			77. Recent unexplained weight loss or gain		
70. Ear, nose or throat trouble			78. Motion sickness (kinetosis)		
71. Hearing loss or wear a hearing aid			79. Difficulty distinguishing colors or seeing at night		
72. Impaired use of arms, hand, legs or feet			80. Difficulty performing moderate to heavy exercise		
73. Foot problems			81. Currently pregnant/may be pregnant (women only)		

REPORT OF MEDICAL HISTORY - DIVER

The diver should fill out this page and give to the Examiner. Examiner, please review pages 2-3 and then fill out items 88 and 89 below.

LAST NAME	FIRST NAME	MIDDLE NAME	DATE
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82. Indicate the type and frequency of use for the following:

a. Alcohol	b. Tobacco	c. Recreational drugs
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PAST DIVE MEDICAL HISTORY: Have you ever had the following as a result of diving? Check each item.

	YES	NO		YES	NO
83a. Ear or sinus squeeze			g. Near drowning		
b. Inability to equalize middle ear pressure			h. Arterial gas embolism (AGE)		
c. Ruptured ear drum			i. Oxygen (O ₂) toxicity		
d. Vertigo (dizziness)			j. Carbon dioxide (CO ₂) toxicity		
e. Loss of consciousness or asphyxia			k. Type I DCS (pain only, itching, rash, swelling)		
f. Lung squeeze or collapsed lung (pneumothorax)			l. Type II DCS		

84. Indicate any other medical conditions not listed above.

85. Indicate date, location, and reason for each hospitalization and surgery had or advised to have within the last ten years. Indicate reasons for any declined surgery.

86. Provide a detailed explanation for each item checked "YES" in either Medical History section. Add additional pages if necessary.

APPLICANT CERTIFICATION

87. I certify that I have reviewed the medical information provided by me. It is true and complete to the best of my knowledge. I understand that falsification of information on a Government form is punishable by fine and/or imprisonment and that incomplete information may delay or prevent my qualification for dive duty.

a. APPLICANT NAME	b. APPLICANT SIGNATURE	c. DATE
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EXAMINER REVIEW

88. EXAMINER SUMMARY of DEFECTS

89a. EXAMINER NAME and TITLE	b. EXAMINER SIGNATURE	c. DATE
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REPORT OF PHYSICAL EXAMINATION - DIVER

1a. APPLICANT LAST NAME	1b. FIRST NAME	1c. MIDDLE NAME	2. DATE of BIRTH	3. DATE of EXAM
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Instructions to the Examiner:

The person requesting this physical examination is an applicant for training or currently participates in diving activities with self-contained underwater breathing apparatus (SCUBA) or other similar equipment. Your opinion of the applicant's medical fitness for diving is requested. The Medical History and Physical Examination forms focus on conditions that may put a diver at increased risk for injuries or other conditions that could lead to decompression sickness (DCS) or drowning. The diver must be able to withstand some degree of cold stress, high pressures of up to six (6) atmospheres, the physiologic effects of immersion, the optical effects of water, and have sufficient physical and mental reserves to deal with underwater emergencies. Final determination for fitness for diving will be made by the NOAA Diving Program.

The Examiner should review pages 2-3, complete fields 88 and 89 on page 3, complete a comprehensive physical examination of the diver, and complete this page and all following pages. All tests and examinations must be completed in the last 12 months (except for the chest X-ray, which should be completed within the last 24 months). The additional tests that must be completed are on page 1 of this form. If you conduct other laboratory tests or diagnostic studies as part of this physical examination, include copies of these results with the submission of the other required documentation. Submission instructions for this form and all test results are on the last page of this form.

For questions, please contact the NOAA Diving Medical Officer at (206) 526-6474.

5. EXAM TYPE <input type="checkbox"/> Initial <input type="checkbox"/> Periodic	6. AGE	7. GENDER	8. HEIGHT (inches)	9. WEIGHT (pounds)
10. TEMP. (°F)	11. PULSE	12. BLOOD PRESSURE	2 nd BP (if needed)	3 rd BP (if needed)
13. VISION CORRECTABLE TO 20/20? Right eye Distant ____ (Y/N) Near ____ (Y/N) Left eye Distant ____ (Y/N) Near ____ (Y/N)		14. NEED CONTACT LENS USE WHILE DIVING OR PRESCRIPTION DIVING MASK? <input type="checkbox"/> YES <input type="checkbox"/> NO	15. NEAR VISION Right eye 20 / ____ Corrected to 20 / ____ Left eye 20 / ____ Corrected to 20 / ____	

GENERAL CLINICAL EVALUATION: Check each item.	Normal	Abnormal	Description of abnormality
16. Head, face and scalp			
17. Neck			
18. Eyes			
19. Fundus			
20. Ears (external / external canals)			
21. Eustachian tube function, can perform Val Salva			
22. Tympanic membranes			
23. Nose (septal alignment)			
24. Sinuses			
25. Mouth and throat			
26. Dental (loose or decayed teeth)			
27. Lungs and chest (including breasts)			
28. Heart (thrust, size, rhythm, sounds)			
29. Pulses (equality, etc.)			
30. Vascular system (varicosities, etc.)			
31. Abdomen and viscera			
32. Hernia (all types)			
33. Feet (arch, pes cavus / planus)			
34. Spine			
35. Skin, lymphatics			

REPORT OF PHYSICAL EXAMINATION - DIVER

1a. LAST NAME	1b. FIRST NAME	1c. MIDDLE NAME	3. DATE of EXAM
NEUROLOGIC EXAMINATION: Check each item			
36. Sensorium (Consciousness, intellectual, cognitive function) Normal _____ Abnormal _____			
37. Cranial Nerves: (normal/abnormal)			
I. Olfactory _____	V. Trigeminal _____	IX. Glossopharyngeal _____	
II. Optic _____	VI. Abducent _____	X. Vagus _____	
III. Oculomotor _____	VII. Facial _____	XI. Spinal Accessory _____	
IV. Trochlear _____	VIII. Auditory _____	XII. Hypoglossal _____	
38. Reflexes:			
Deep Tendon (grade 0 – 3+, 2+ = normal)		Pathological (+/- = presence/absence)	
	Left Right		Left Right
Brachioradialis	_____	Patella	_____
Biceps	_____	Achilles	_____
39. Cerebellar Function		40. Proprioception (+/- = presence/absence)	
	Normal Abnormal		Left Right
Gait	_____	Joint position sense	_____
Tremor (intention)	_____	Vibratory sensations	_____
Finger to nose	_____	Stereognosis	_____
Heel to shin slide	_____	(ability to recognize objects by touch)	_____
Romberg sign	_____		
41. Nystagmus (+/- = presence/absence)			
		End point (physiologic) _____	
		Pathological _____	
42. Muscle Strength (grade 0 – 5, 5 = normal)			
	Left Right		Left Right
Deltoids	_____	Hips: Flexion	_____
Latissimus	_____	Extension	_____
Triceps	_____	Abduction	_____
Biceps	_____	Adduction	_____
Forearms	_____		
Hands	_____		
Fingers	_____		
		Knees: Flexion	_____
		Extension	_____
		Ankles: Dorsiflexion	_____
		Plantarflexion	_____
		Inversion	_____
		Eversion	_____
43. Range of Motion (+/- = normal/abnormal)			
	Left Right		Left Right
Shoulders	_____	Hips	_____
Elbows	_____	Wrist	_____
		Knees	_____
		Ankles	_____
44. Sensation (sharp dull, two-point discrimination) Diagram and label areas of altered sensations, and surgical and traumatic scars.			

REPORT OF PHYSICAL EXAMINATION - DIVER

1a. LAST NAME	1b. FIRST NAME	1c. MIDDLE NAME	3. DATE of EXAM
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45. Summary of Laboratory/ancillary data. Transcribe results below or attach official laboratory report. Tests below are representative of standard analyses, yours may not list every test. Submit all test results provided.

COMPLETE URINALYSIS	METABOLIC DATA	AUDIOMETRY (Only for initial physical)																					
Spec. Gravity	Glucose	<table border="1" style="width: 100%; border-collapse: collapse;"><tr><td style="width: 10%;">HZ</td><td style="width: 10%;">500</td><td style="width: 10%;">1000</td><td style="width: 10%;">2000</td><td style="width: 10%;">3000</td><td style="width: 10%;">4000</td><td style="width: 10%;">6000</td></tr><tr><td>Ph</td><td>BUN</td><td>Left</td><td></td><td></td><td></td><td></td></tr><tr><td>Color</td><td>Creatinine</td><td>Right</td><td></td><td></td><td></td><td></td></tr></table>	HZ	500	1000	2000	3000	4000	6000	Ph	BUN	Left					Color	Creatinine	Right				
HZ	500	1000	2000	3000	4000	6000																	
Ph	BUN	Left																					
Color	Creatinine	Right																					
Clarity	eGFR																						
Leuk Esterase	BUN/Cr	CBC DATA																					
Protein	Sodium	WBC																					
Glucose	Potassium	RBC																					
Ketones	Chloride	Hg																					
Occult Blood	CO ₂	Hct																					
Bilirubin	Calcium	MCV																					
Urobilirubin	HgA1C	MCH																					
Nitrite		MCHC																					
		RDW																					
		Platelets																					

LIPID PROFILE	
Total	
Triglycerides	
HDL	
LDL	
VLDL	
LDL/HDL Ratio	

46. All abnormal physical findings must be described in detail here by number. Add additional pages if necessary.

47. Although the NOAA Diving Medical Officer will make the final determination regarding fitness for duty as a diver, are there any further concerns to this applicant's fitness for diving?

48. EXAMINATION LOCATION NAME and ADDRESS	49a. EXAMINER NAME	49b. PHONE NUMBER
	49c. EXAMINER TITLE	
	49d. EXAMINER SIGNATURE	49e. DATE

SUBMISSION INSTRUCTIONS

This form must be sent via a secured file transfer method such as a password-protected PDF, or Accellion (Kiteworks) File Transfer. Files sent from a NOAA.GOV email address to the DMO@NOAA.GOV email address are secure and do not need to be encrypted further. Email is the preferred submission method.

Email to: DMO@NOAA.GOV
Subject: "Report of Physical Exam - Diver (last name)"

Or, mail to:
NOAA Diving Medical Officer (DMO)
NOAA Diving Program
7600 Sand Point Way NE
Seattle, WA 98115