# Suggested First Aid Kit Items for Class A and I

## Reference
- First Aid Manual or placard
- Sunscreen

## Personal Protective Equipment
- Nitrile Gloves (multiple sets)
- Hand sanitizer
- Iodine applicators

## Disinfectants
- Alcohol wipes
- Hand sanitizer
- Iodine applicators

## CPR, Choking, Drowning
- CPR breathing barrier (x2) or CPR rescue mask
- AED (if practical)

## Lacerations & Trauma
- Adhesive bandages (various shapes and sizes)
- Gauze pads (various shapes and sizes)
- Trauma pads for deep wounds
- Eye pad (x4)
- Triangular Bandage (x2)
- Butterfly strips
- Adhesive tape
- Shears
- Tweezers/forceps
- Rubber tourniquet

## Medication
- Motion sickness
- Aspirin
- Acetaminophen
- Ibuprofen
- Antihistamine
- Antibiotic ointment
- Hydrocortisone cream
- Burn gel
- Eye wash
- Aloe Vera gel w/ lidocaine

## Splints
- Inflatable splint (arm & leg)
- Finger splint
- Cold pack (x2)

## Other
- Needle nose pliers
- Knife
- Dikes
- Emergency thermal blanket

*First aid items should take into account the intended operations and number of personnel onboard*